

Garret Jones will be writing a column for Eagles Wings that should be unique and very beneficial to our readers. The column will deal with new and exciting products and will be entitled "A View From The Top Of The Mountain." Garret lives in Incline Village, Nevada in the western part of the United States. He lives right near Lake Tahoe which is a gorgeous setting in the Sierra Mountains the lakes borders the eastern California border and the western Nevada border separating the two states. Garret has been in the investment business for 26 years. As such, he is aware of most of the technological innovations that have occurred over time. In addition, his business is a very left brained business requiring him to utilise the "left brained" qualities of intellect logic and action. Fortunately, he makes use of his "right brained" qualities and intuition and perception as well. This combination of qualities makes him an ideal person to write our new column. He will find new products and interview the creator of the product to determine the benefits and the history of the product. He will also seek to uncover why the product is beneficial and if it is the best product of that type available – and why.

We are excited to introduce the column as Garret combines 30 plus years of "spiritual guesting" with a balance of a similar amount of years in business. This combination should allow him to uncover some truly fascinating products. You can be sure that he will provide the necessary detective work to uncover the good qualities of the products he chooses as well as any shortcomings they may have. We are excited to see what he comes up with.

A View From the Top of the Mountain

Subject: Alternative Healing

Breakthroughs: - Polarity

Category: Nutrition and Health

Person Involved: Master Herbalist, Iridologist, Healer

Note: I shall refer to the person I interviewed as "Mr Smith" in order to protect his identity.

This month's article is going to be a sharp turn from my normal articles. Usually I will share a product with you that is new and exciting. This time, the product is **knowledge** – the most important "product" of all. This month's interview was so important that I plan to add this type of interview whenever I am fortunate enough to run into a person willing to share knowledge as important as what you will read in this issue. As we all know, life works in strange ways. I had to actually "track down" this month's guest from a few short minutes on an obscure audio tape that I heard. The person's full name wasn't given so I had my work cut out for me. My persistence paid off and I got my man. Unfortunately, in today's world it is necessary to "protect" this individual's identity so I will refer to him as "Mr. Smith."

Mr Smith is a Master Herbalist with extensive training in the healing arts. He trained under Bernard Jensen, the famed iridologist, among many others. In this interview, we will discuss how a number of people with "incurable" diseases have been healed and returned to a state of robust health. As most of us are aware, the United States has evolved to a point where medicine is about treatment as opposed to healing. The reason is very simple – treatment translates to big money for the Drug Industry, doctors, hospitals and the remainder of the medical establishment.

Healing, per se, does not. It is that simple – If cancer were miraculously eliminated, probably 90% of the hospitals in this country would close and the Drug Industry would have earnings implosion. Simply stated, there is no money in curing and healing people. Cancer is the #2 industry in the world – it is a multi, multi – billion dollar industry. Its infrastructure supports a myriad of medical industry levels from hospitals, clinics, drug companies, pharmacies, laboratories and research centres to doctors, nurses, lab technicians.

Before delving into this month's interview, I would like to give an example of American traditional medicine for the treatment of cancer. We all know what to do if we have a cold or feeling poorly. We get the proper rest, make sure to eat healthy meals, drink plenty of liquids, and generally pamper ourselves so that our body is rested thus enabling the best healer of all (our body's immune system) to heal us. Consider the choices American medicine provides for a person diagnosed with cancer. You have three choices: **Treatment #1:** Cutting into your body with a knife (surgery); **Treatment #2:** Ingesting poison (commonly referred to as Chemotherapy); or **Treatment #3:** A radioactive attack on the afflicted area of your body (radiation therapy). Can you imagine someone doing this to a healthy body? Based on the above method. Based on the above methodologies, is it any wonder (from the body's perspective) why people are routinely cured of the common cold and generally die from cancer? I would like to give you one more fact to ponder. The average busy physician lives to about 58 years old while the average farmer lives to approximately 80 years old.

Garret Jones writes "A View From the Top of the Mountain" column, which seeks to inform the reader of new and exciting products for spiritual growth, nutrition, self help or personal improvement, technological innovation, books, etc. He has placed no limitations on the products he will analyse other than a demand that they are quality products and truly accomplish what they promise to do. He will personally try all the products he covers and gives his personal experiences with each. Garret is a good person to fill this responsibility as he does not consider himself one to be easily influenced by the claims made by many products – particularly those promising spiritual or personal growth. He is "down to earth," nuts and bolts kind of guy. If anyone has a product they would like Mr Jones to look at, he can be reached at the following address:

Garret Jones: Suite # 172, 930 Tahoe Blvd, Unit 802 Incline village,
NV 89451 (702) 831 – 8930 Bus (703) 831 – 9527 Fax

I wonder if it might not be too bad an idea to consult your local farmer the next time you aren't feeling too well ... ? I'm just kidding, but I'm sure you get my point.

A very close friend of mine shared a definition with me that I would like to share with you – It is important to keep this definition in mind as you digest the remainder of this article. He said **“We are a spiritual being in a chemical body, electrically stimulated and emotionally controlled.”** Remember this definition as it is absolutely true and relates to our entire existence.

Garrett: How did you get involved in the field of healing?

Mr. Smith: I was always somewhat interested in the area. In college I was a pre-med student and had desires to become a neuro-surgeon or a psychiatrist. I also had an interest in herbs and other methods of healing. However, what really got me on the path was something that happened about 20 years ago. At that time, I was diagnosed with leukaemia and told that I only had six months to live. I was fortunate to have consulted a master herbalist who cured me and now, over 20 years later, I have enjoyed a life of robust health.

Garrett: So where did we all go wrong?

Mr. Smith: You didn't – it's just that we are all victims of our belief systems. This is true in all areas of life, not just medicine. Unfortunately, in the United States there is a strong motivation behind this belief.

Garrett: I presume the motivation you refer to is the American dollar. I, too, have noticed that it provides a strong motivation in virtually all areas of our life – in one way or another. In fact, it seems to affect all of us either blatantly or on a more subtle level.

Mr. Smith: Exactly. It just has much deeper and more established roots in medicine. The drug companies have essentially controlled this area for almost one hundred years. Their lobbyists in Washington D.C. are extremely powerful and have maintained this power for a very long time. Government agencies such as the Food and Drug Administration are the enforcement arm. Under the auspices of protecting the American public, they have been exceedingly successful in keeping numerous-cures for many diseases away from Americans.

Garrett: Like many of our readers, I am very aware of this problem. I guess these are the problems we face when we have evolved from a government “of the people” to a government “of the government, by the government and for the government”. Well, I don't want to change the direction of our conversation to politics. Tell me how you were cured.

Mr. Smith: There is really no secret in the healing process. The most basic tenet to always remember is that the body is the greatest healer of all. If it is healthy and you feed it the proper nutrients and don't run it down, you won't get sick. It is basically that simple. That however, is significantly more difficult to do in today's world. We are bombarded daily by external influences that break down the body's immune system and ability to fight off disease.

Our water, air and food is polluted. We deal with stress levels today that far surpass those of the past. The basic nutrition derived from our food is far less than it used to be. All these factors promote illness in the country. We have many diseases now that were not in existence only a few decades ago. Chronic fatigue Syndrome for example is rampant in the country.

Garrett: Tell me how you beat the odds with leukaemia.

Mr. Smith: As I mentioned, I sought help from a master herbalist. He shared with me his belief that God put herbs on the planet to assist humans in maintaining perfect health. He said that herbs were the first medicine and they are still the best medicine. There are many reasons for this that I will touch on later. In my case we worked to strengthen my immune system. This began with rest, proper nutrition and herbal treatments. I should point out that I was raised on American junk food. My car seemed to like to stop at the fast food establishments and then go somewhere to find an ice-cream sundae to top it off. The first thing to go was my diet. You have heard, “you are what you eat” – well, if you think about it, how could you be anything else? I began to eat “live foods” – remember, you can't make your body more alive with dead food. My diet changed to fresh vegetables, fresh fruits and fruit and vegetable juices. I stopped drinking colas and began to drink water that I would “spike” with chlorophyll and minerals. Naturally, I ate organic foods as pesticides don't help the immune system. When the body doesn't have to spend its energy digesting food and ridding itself of unhealthy foods, it can direct that energy to fighting disease. The body has a limited amount of energy. When it has to digest junk food and then try to eliminate it from the body – that is a fulltime job. It saps the body's energy and leaves little if any left to fight the leukaemia. This is why people die from leukaemia and other “incurable” diseases. I virtually eliminated the body's workload as it related to digestion, assimilation and elimination. Fruits, vegetables and particularly juices require almost no energy for the body to process and, therefore, dramatically increase the body's vitality. In addition they are filled with enzymes and nutrients that nurture the body and strengthen it. By getting rest and changing to the proper diet, I saved my life. I should add that there were other parts of the program that were very important. I was given a number of herbal treatments that further nourished and strengthened my body allowing my immune system to ultimately win the battle with leukaemia. In reality herbs are very concentrated foods. They are the oldest medicine in the world and overall most effective.

Garrett: Amazing! You were actually cured of cancer without the benefit of the “Big 3” – Surgery, Chemotherapy, or Radiation.

Mr. Smith: First of all, any type of surgical procedure has a life expectancy rate. In other words, the simplest of surgeries may have a 5% fatality rate. Chemotherapy and radiation treatments weaken the immune system; however, traditional medicine allows the doctor to call it a cure if the patient lives for 5 yrs.

Five years where the quality of life is one of surgery after another followed by extended periods of recuperation where the patient generally feels horrible most of the time and then ultimately dies is not what I would call a cure. With those results, I would be out of business. It's interesting that the medical profession is able to thrive with this type of track record. It is a fact that both chemotherapy and radiation destroy the immune system. One of the favourite things the medical industry likes to do when they are testing a remedy or trying to challenge one, is they love to use patients who have had chemotherapy or radiation treatments because it reduces the chances of the success of the tests. When they were testing laetril, for example, they used a synthetic laetril because the scientific medical profession considers a synthetic product to be equal of an organic or natural product. If you look at a natural product under Kirlian photography, the natural product has a life force and the synthetic product is dead. You don't make your body more alive by putting dead stuff in it. It is the same with food as we discussed earlier. They have even discredited a lot of natural remedies, like laetril, by using "loaded" tests where patients have had chemotherapy and/or radiation therapy. This guaranteed that they had weak immune systems. The patients were then given synthetic laetril. The medical industry could then state that laetril doesn't work – it was a farce.

Garrett: It appears that they know how to protect their interests. Are you aware of any other people or clinics that have had success with diseases such as leukaemia?

Mr. Smith: Of course, there are many. Clearly, I cannot name any practitioners residing in the US for fear of the FDA shutting down their facilities. I did happen to visit a Mexican clinic a while back where there were six children being treated for leukaemia. All had advanced stages of the disease and all were released cured. It would have been a death sentence in the United States.

Garrett: What happened after you were cured? How did you finally get to the point where you are now?

Mr. Smith: I'm sure you can imagine how I must have felt. I was given a death sentence and I walked away from it healthier than I had ever been. I was elated with a whole new appreciation for life. I was an instant believer in the power of the body's immune system; in nutrition's role in health; and in herbal medicine. I renewed my study of herbs and began to learn as much as I possibly could about alternative methods of healing. After all, I was given the best proof of the validity of such techniques available – my life!

Garrett; Amen. What exactly is it that you do now?

Mr. Smith: I guess you would call me a practitioner of the Healing Arts. I treat people with problems ranging from acne to cancer and from female disorders to AIDS. My principle area of speciality is Chronic Fatigue Syndrome (CSF) which I discovered a cure for – it is a rampant disease in our society. About 17 years ago, I was treating a high powered attorney who had severe case of "burn out". He had spent an enormous sum on his health to no avail and he was desperate when he

came to me. He had all the symptoms of Chronic Fatigue Syndrome. I began testing him and noticed that every time I tested him using something that should have made him stronger – it actually made him weaker. I knew from experience that if this occurred it was related to the body's electro - magnetic system and that it was like a "switched circuit" which was generally thought to be a temporary condition. What I found through this man that there was another stage of "reversed polarity" that was chronic.

Garrett: Allow me to interrupt for a moment. Please take a moment to explain "polarity" and "reversed polarity".

Mr. Smith: Good question. Scientists know that everything on our planet has an electro – magnetic field. Basically, whenever there is a flow of electricity a magnetic field is created. Whenever you have a magnetic field, you have a "magnet" and a magnet has a north and south pole. The physical body is a self contained, self generating electrical system. If, for example, you "stress" a magnet by banging it on the pavement, you can actually reverse the polarity of the magnet so that the north and south poles reverse. It is still a magnet, but not as nature intended. People are magnets too and with the proper amount of stress have their polarity reversed as well. This can occur for many reasons – a death in the family: a spouse who wants to leave you; the loss of a job; having to move from an area you love etc.

Garrett: So what happens when the polarity is reversed?

Mr. Smith: When the polarity in a human's body is reversed, it essentially creates a "short" in the body's electro – magnetic system. When you have a short in the electrical system of a car, the battery will eventually go dead. The physical body is self generating i.e. you don't go plug in anywhere. Because we are a self generating mechanism, our "battery" doesn't go dead. However, the "short" brought on by the reversed polarity does make us run on low energy and power. This is where the chronic fatigue comes in. If you start to look at the auto immune diseases, in general, you will find that fatigue is one of the first symptoms. The type A personality when afflicted with reversed polarity experiences fatigue and then pushes harder, thus truly exhausting the body. When a person will not slow down on its own, the body, in its own infinite wisdom, will develop a disease thereby forcing the body to slow down. This disease could be Chronic Fatigue Syndrome or any number of diseases. Through working with CFS I had what you might call an "unfolding experience" with the Auto Immune diseases i.e. Multiple Sclerosis, lupus, rheumatoid arthritis, Lou Gehrig's disease, Parkinson's disease, Fibromyalgia, etc. I found that all of these diseases were linked to what caused CFS.

Garrett: For the benefit of our readers, would you explain what an auto immune disease is?

Mr Smith: The most “incurable” diseases are the auto immune diseases. They occur when the immune system is somehow mysteriously triggered into destroying the body rather than preserving it. Imagine that the immune system is powered by electricity. Now imagine that the signal to the immune system is reversed. For example, there was an article in the Merck manual discussing a disease where the spleen begins to destroy the red blood cells. The medical cure is to remove the spleen which slows down the destruction of the red blood cells. The article stated that when this disease occurs, mysteriously, red blood cells take on an opposite electrical charge. From my experience, I have never seen anyone with an auto immune disease that didn’t have reversed polarity. Therefore, if the polarity is reversed and the red blood cells have taken on an opposite charge – what if the spleen recognizes red blood cells by their electrical charge or their electrical signal? If cells have taken on an opposite charge and the spleen doesn’t recognize it then it destroys them as enemies. Therefore, the problem is not the spleen, it is the reversed polarity. When I put these people on a reverse polarity program their auto immune disease disappeared.

Garrett: Fascinating! Tell me more about some other auto immune diseases that you have successfully treated.

Mr Smith: The one I worked on the most is Multiple Sclerosis which is the one I first started with. I had a patient visit me about six years ago who was diagnosed with Chronic Fatigue Syndrome and Multiple Sclerosis. Because I had worked with CFS, I knew that if the polarity is reversed, you cannot heal other conditions very effectively in the body. Therefore I knew I had to treat the chronic fatigue first. When I put him on the treatment for chronic fatigue, the Multiple Sclerosis disappeared. Believe me, I was pleasantly surprised. You have heard and undoubtedly experienced the phrase “God works in strange ways”? Well my next three patients all had multiple Sclerosis. I checked and found that they all had reversed polarity, as well. I treated them for the reverse polarity and, once again, all three no longer had Multiple Sclerosis. One was advanced enough to be in leg braces and forced to use a cane. She was concerned that I may have only provided temporary relief for her and that she was perhaps only in remission, so she went back and got another MRI. It had previously shown scar tissue on her brain and nervous system, but the recent MRI showed her scar tissue had completely disappeared. According to traditional medicine this is not supposed to be possible.

Garrett: I would like to ask you about cancer as I see it as the #1 disease in this country, and possibly the world at this time. As a male, my thinking naturally goes to prostate cancer as it seems to be fairly rampant in the US. Have you had much experience in this area?

Mr Smith: Of course. It is probably the most common cancer in males over 50. To be in my profession, you are going to be treating it all the time. I find it a very curable cancer. HEALTH FACTS magazine did one of their issues on prostate cancer and claimed that if you had the disease and you sought no treatment at all,

Your life expectancy would be as long or longer than if you went to the medical profession for treatment. Considering that the medical profession often leaves its prostate patients impotent is yet another consideration. I approach prostate cancer by checking the patient’s personal history. A lot of my patients have had strict fathers and men in our society are not taught to nurture. Usually if patient had a strict father who was not nurturing as the patient would have liked, you will find that the patient exhibits a mental habitual pattern of being too hard on himself.

Garrett: Interesting point. That brings up another question. I have heard for some time now that cancer is basically a stress caused disease. Is this true?

Mr Smith. Yes. Cancer is basically caused by stress and deeply held anger and resentment. When a person is too hard on himself he is taking the anger he may have held toward a non-nurturing father and directing it inward against the physical body. Since the anger is against the male, where is the centre of your male energy or maleness? Well, the prostate is right in the centre of the male organs. If you are a male who is too demanding of yourself you will find that over time this will weaken the prostate and that is the real underlying cause of prostate cancer.

Garrett: I would presume that breast and ovarian cancer in women is brought on for the same reason that prostate cancer is in men except that in this case the afflicted woman have resentment toward their mothers or other women in their life?

MR Smith: Exactly: Frankly, those are the kinds of thing that actually cause cancer. First off all, as a child, various situations can cause anger and resentment that can cause you to take on a victim’s role, or self defeating role, or too hard on oneself role. As many of us know through personal experience, humans attract the lessons they need to learn. If you have taken on a victim’s role, I will guarantee you that life will provide you with situation after situation where you have the role of the victim. This will continue until you master the lesson. If you never master it, the odds are it will destroy the body through cancer or some other disease. The disease is the result of the anger and resentment that the body is forced to store each time a lesson is triggered.

Garrett: I presume you had success in assisting your patients through cancer?

Mr Smith: Oh yes. Cancer is not at all difficult to deal with if you catch it before it has caused too much damage. The process is pretty much the same – remove the workload from the body so that the immune system can focus on the disease. Rest, proper diet and nutrition, polarity work and proper herbs will do the trick in almost all cases.

Garrett: With your knowledge and excellent record you must have a very thriving practice.

Mr Smith: I am very busy. In fact, it takes three months to get in to see me. My practice is a labour of love. I only charge a minimal fee for my consults and follow-ups.

Garrett: I can see why you are so busy! You have just proven my initial premise that all the money is in the treatment, no the results.

Mr Smith: Well I do have a thriving practice, but as I said it is a labour of love.

This has been truly fascinating. I comment you on the excellent work you are doing and hold you in particularly high esteem in that you are providing a fabulous service in spite of the system that is dramatically opposed to your efforts.

I wish you every success in the future. It is people like you with the courage to follow your heart who will eventually force our antiquated system to change and allow Americans who are afflicted with disease to finally get the results they need. I thank you so much for your time and sharing your knowledge. I would like to interview you again at some future date.

This article was written by Garret Jones for an Australian Magazine, Eagles Wings. It appeared in Volume 4 No 5.

Please get back to the person who gave you this information if you would like to know more.

Main symptoms experienced by people with Chronic Reversed Polarity:

Low energy and often fatigued
Depression
Constantly tired – low energy.
Waking up during the night
Feeling tired upon waking
Always stressed
Irritability
Loss of Libido
Chronic Fatigue
Bi – Polar
Weak Immune system
Auto – Immune diseases
Fibromyalgia
Lupus
MS
Cerebral palsy
Crohn's disease
Psoriasis
Gut Problems
Irritable Bowel
Hormonal Problems
Thyroid dysfunction
ADD and ADHD
Lack of Mental Clarity
Memory Loss
Addictive behaviour
Alcoholism
Behavioural Problems
Always negative
Low self- esteem
Weight Problems
Circulation Problems
Anxiety

I am sharing this information with you as I was diagnosed with CRP in December 2006 and had been in that condition for 21 years. I was quickly able to trace back to the events that took place in my life at that time and soon able to identify that I had in fact been suffering from chronic fatigue since that particular incident. When we suffer from traumas and stress we have an incredible ability to override our distress and fight on. Subsequently herein lays the problem. If it is was traumatic enough to cause us that much pain we need to understand that the emotion will eventually manifest into the physical in the form of disease – it is the body's way of slowing us down to enable healing. Sometimes it can be years later before these problems begin to emerge into the physical body. Problem is that when these issues are not dealt with the underlying cause continues to trigger many situations and warnings beforehand but due to our modern and busy lifestyle we have learnt to ignore these signs and only really begin to notice them when pain and disease become a real issue. This was the case with me, developing chronic fatigue, Fibromyalgia, depression, anxiety, chemical sensitivity and hormonal imbalance along with several major surgeries necessary during that time. ***Nothing would work for me no matter what I tried - I tried everything!*** I am now out of CRP and eager to assist anyone who may be interested in this information.

Please Note: People do not have to be chronically ill to be in CRP. Keith has estimated that 66% of Australians are in this condition. If you suffer any form of fatigue or depression that lasts for longer than three months I highly recommend being tested for Chronic Reversed Polarity. It could well be the beginning of a chronic condition and should be checked. It is no longer safe, nor is it wise to ignore the vital warning signs that the body exhibits to us!